

## **Christopher Ulrich**

Christopher Ulrich, founder of CU in the Moment, LLC, has a multi-disciplined approach to educating clients about body language, building rapport and trust, detecting deception, and elite communication and presentation skills. His students benefit from his professional background as a body language expert, improvisational actor, personal coach and political consultant. Ulrich's passion is to increase his clients' personal confidence and dynamic power in both their personal and professional lives.

As a Senior Instructor at the Body Language Institute, Christopher trains executives, sales people, government staffers, lobbyists, and small business entrepreneurs to use the New Body to transform their executive presence.

Christopher has appeared as a communications and body language expert for CNN, MSNBC, Headline News, Dr. Oz, Dr. Drew, Nancy Grace, CNN's "In Session," and Washington's USA Channel 9, and on Let's Talk Live.

He also serves as a consultant to Edelman Public Relations as part of its creative content team for select clients.

Christopher's background includes work in the highest levels of politics and government for over eighteen years, where he has served as a Domestic Policy Advisor to Vice President Al Gore, Issue Director to Vice Presidential Candidate Joe Lieberman, Political Analyst at the Embassy of Japan and as an effectiveness consultant for Energy Secretary Chu.

Christopher performs regularly in DC Improv Comedy shows with troupes, "Jive Turkey" and "Killer Bee." He was a cast member in the DC based comedy pilot, Capital Gym, which was entered in the 2009 NexTV Pilot Competition and has appeared on the Food Network's Dinner Impossible with Chef Robert Irvine. He has studied improvisational comedy at the Uprights Citizens Brigade and The Magnet Theater in New York, Improv Olympic and Annoyance Theater in Chicago and Los Angeles, and at the Washington Improv Theater and DC Improv in Washington.